



The National Board of Physician Nutrition Specialists (NBPNS)

## Maintenance of Certification (MOC)

### Information for Diplomates

Your initial NBPNS credential following successful passing of the exam is valid for 10 years. Prior to the expiration date on your certificate, you can choose to MOC by CME credits or by retaking the current examination. If you recertify via CME, MOC is valid for 5 years and if you recertify by retaking the exam, MOC is valid for 10 years. For recertification by examination or CME, please go to <http://www.ptcny.com/clients/nbpns/> to submit the current examination application or CME submissions.

For Maintenance of Certification by CME credits,

#### A. Application Requirements:

1. Candidates must have a valid, unrestricted license to practice medicine in at least one U.S. state.
2. Candidates must have been previously certified by an American Board of Medical Specialties member board.
3. Candidates must have been previously certified by taking the NBPNS examination or one of NBPNS' prior iterations (the American Board of Physician Nutrition Specialists (ABPNS, years 2000-2013) or American Board of Nutrition (ABN, years 1948-2000)).
4. Candidates with current or lapsed NBPNS certification may apply for MOC recognition at any time within their certification window. The Fee for MOC recognition is \$395.

## B. Approved Activities, Vendors/Providers and Key Words:

1. Candidate may use only CME Category 1 credits for NBPNS MOC.
2. Credit for NBPNS MOC CME Category 1 may be obtained from any ACCME-approved CME Category 1 activity and any ACCME-approved Vendor/Provider.
3. Candidates must be prepared to provide documentation of all CME Category 1 certificates in the event of audit (10% of MOC applications will undergo random audit each year).
4. Candidates must sign an Attestation Statement which attests that the Vendor/Provider being applied to NBPNS MOC was nutrition-specific.
5. Key Words for nutrition-specific ACCME-approved CME Category 1 activity include (but are not limited to): Weight Loss, Malnutrition, PCM, Sarcopenia, Stress Metabolism, Anorexia, Bulimia, Eating Disorder, TPN, Parenteral Nutrition, Enteral Feeding, Tube Feeding, Nutritional Assessment, Metabolic Rate, Resting Energy Expenditure, Micronutrient Deficiency, Dehydration, Nutritional Edema, Electrolytes, Minerals, Vitamins, Impaired Glucose Metabolism, Dyslipdemia, Metabolic Syndrome, Insulin Resistance, Obesity, Adiposity, PCOS, Sleep Apnea, Cardiometabolic, Diabetes, Cardiovascular, Bariatric Surgery, Lap Band, Gastric Sleeve, Gastric Bypass.

## C. Specifics of ACCME-approved CME Category 1 Credit Requirements for NBPNS MOC Certification:

1. NBPNS Diplomates with expired certificates – Current NBPNS Diplomates can reinstate their certification by providing 75+ nutrition-related CME hours or NBPNS-approved MOC units in the last 5 years
2. NBPNS MOC recognition is valid for 5 years from the date of approval.

Please follow the instructions to complete and submit your application, supporting documentation and fees online at <https://secure.ptcny.com/recert/clients/nbpns/>.



# NBPNS Maintenance of Certification Submission Form

Diplomate Information		Certificate Information	
Name		Number	
Address		Expiration Date	
Email		Original Examination Date	

**INSTRUCTIONS:** The NBPNS Maintenance of Certification (MOC) Program is intended to allow NBPNS diplomates to apply continuing medical education (CME) and MOC credits in lieu of a recertification exam. 1 CME = 1 MOC credit. Some activities that do not qualify for CME may still qualify for MOC credit; please contact NBPNS if you believe a non-CME activity should be granted MOC credit.

Please complete the table below to submit credits for your NBPNS MOC. Sign and date the MOC submission statement below. If you have additional MOC activities to submit feel free to make copies of the form. Complete and sign all pages, then scan and upload with your online Application for MOC.

1. The current approval permits only category 1 CME and predetermined MOC activities, such as participation in events organized by NBPNS.
2. The candidate must sign the attestation below that states that all CME used for MOC and MOC activity submitted for credit are nutrition-specific.
3. NBPNS Diplomates with expired certificates and Current NBPNS Diplomates can reinstate their certification by providing 75+ nutrition-related CME hours or NBPNS-approved MOC units in the last 5 years, which will reinstate their certification for an additional 5 years.

## MOC Activities Record (All activities must be nutrition-specific)

<i>MOC/CME Provider</i>	<i>Title of MOC/CME Activity</i>	<i>Date of MOC/CME Activity</i>	<i>MOC/CME Hours</i>
		<b>TOTAL MOC/CME HOURS</b>	
		<b>NBPNS MEMBER MOC/CME HOURS</b>	

**MOC Record Statement:** I hereby submit the MOC Activities listed above. I attest that all activities listed are nutrition-specific and either category 1 CME or MOC activities approved by NBPNS, and that I attended those activities for the hours listed. I certify that the information given in this Application is in accordance with NBPNS MOC policies and is accurate, correct, and complete.

I agree to keep complete documentation of MOC Activities listed above in my records, and submit the documentation at any time that NBPNS should request such documentation.

Candidate Signature: \_\_\_\_\_ Date: \_\_\_\_\_