Certification Examination for Myofascial Trigger Point Therapists

HANDBOOK FOR CANDIDATES



2019 Testing Periods

<u>Application Deadline:</u> December 3, 2018 <u>Testing Begins:</u> Saturday, January 5, 2019 <u>Testing Ends:</u> Saturday January 19, 2019

<u>Application Deadline:</u> June 3, 2019 <u>Testing Begins:</u> Saturday, July 6, 2019 <u>Testing Ends:</u> Saturday July 20, 2019



TABLE OF CONTENTS

CERTIFICATION 1 -
PURPOSES OF CERTIFICATION 1 -
ELIGIBILITY REQUIREMENTS 1 -
EXAMINATION ADMINISTRATION 1 -
ATTAINMENT OF CERTIFICATION AND RECERTIFICATION 2 -
REVOCATION OF CERTIFICATION 2 -
COMPLETION OF APPLICATION 2 -
INTERNATIONAL TESTING 3 -
SPECIAL NEEDS 4 -
SCHEDULING YOUR EXAMINATION APPOINTMENT 4 -
CHANGING YOUR EXAMINATION APPOINTMENT 4 -
RULES FOR THE EXAMINATION
FEES
REFUNDS
REPORT OF RESULTS
REEXAMINATION 6 -
CONFIDENTIALITY 6 -
CONTENT OF EXAMINATION 6 -
CONTENT OUTLINE
SAMPLE EXAMINATION QUESTIONS
REFERENCES 10 -

This handbook contains necessary information about the Certification Examination for Myofascial Trigger Point Therapists. Please retain it for future reference. Candidates are responsible for reading these instructions carefully. This handbook is subject to change.

> For questions regarding certification or recertification, contact: Professional Testing Corporation (PTC) Phone (212) 356-0660 Fax (212) 356-0678 www.ptcny.com

CERTIFICATION

The Certification Board for Myofascial Trigger Point Therapists (CBMTPT) endorses the concept of voluntary, periodic certification by examination for all myofascial trigger point therapists. Certification is one part of a process called credentialing. It focuses specifically on the individual and is an indication of current competence in a specialized area of practice. Board certification in myofascial trigger point therapy is highly valued and provides formal recognition of basic myofascial trigger point therapy knowledge.

PURPOSES OF CERTIFICATION

TO PROMOTE DELIVERY OF SAFE AND EFFECTIVE CARE IN MYOFASCIAL TRIGGER POINT THERAPY PRACTICE THROUGH THE CERTIFICATION OF QUALIFIED MYOFASCIAL TRIGGER POINT THERAPISTS BY:

- 1. Recognizing formally those individuals who meet the eligibility requirements of the Certification Board for Myofascial Trigger Point Therapists and pass the Certification Examination for Myofascial Trigger Point Therapists.
- 2. Encouraging continued personal and professional growth in the practice of myofascial trigger point therapy.
- 3. Establishing and measuring the level of knowledge required for certification in myofascial trigger point therapy.
- 4. Providing a standard of knowledge requisite for certification; thereby assisting the employer, public, and members of the health professions in the assessment of myofascial trigger point therapists.

ELIGIBILITY REQUIREMENTS

In order to be deemed eligible to sit for the Certification Examination for Myofascial Trigger Point Therapists, the candidate must meet one of the following eligibility requirements as of the application deadline:

- A graduate of a 500 hour myofacial trigger point therapy program in the US, or the equivalent in other countries (A copy of diploma must accompany Application) OR
- A graduate of a 500 hour massage program (A copy of diploma must accompany Application) OR
- A licensed Allied Health Care Professional (Copy of current registration, certification, or license must accompany Application)

Note: Almost every state now has Licensure for Massage Therapists. This qualifies Allied Health Care Professionals to sit for the examination. However, training in a trigger point therapy education program would greatly help success in deepening knowledge in this field.

The candidate must also complete and send in an Application for the Certification Examination for Myofascial Trigger Point Therapists and pay the required fee.

EXAMINATION ADMINISTRATION

The Certification Examination for Myofascial Trigger Point Therapists is administered during an established twoweek testing period on a daily basis, Monday through Saturday, excluding holidays, at computer-based testing facilities managed by PSI. PSI has several hundred testing sites in the United States, as well as Canada. Scheduling is done on a first-come, first-serve basis. To find a testing center near you visit: <u>http://www.ptcny.com/cbt/sites.htm</u> or call PSI at (800) 733-9267. Please note: Hours and days of availability vary at different centers. **You will not be able to schedule your examination appointment until you have received a Scheduling Authorization from PTC.**

ONLINE TESTING SOFTWARE TUTORIAL

A Testing Software Demo can be viewed online by visiting <u>http://www.ptcny.com/cbt/demo.htm</u>. This online Testing Software Demo can give you an idea about the features of the testing software.

ATTAINMENT OF CERTIFICATION AND RECERTIFICATION

Eligible candidates who pass the Certification Examination for Myofascial Trigger Point Therapists are eligible to use the registered designation CMTPT after their names and will receive certificates from the CBMTPT. A registry of Certified Myofascial Trigger Point Therapists will be maintained by the CBMTPT and may be reported in its publications.

Certification is recognized for a period of five years at which time the candidate must retake and pass the current Certification Examination for Myofascial Trigger Point Therapists or meet such alternative requirements as are in effect at that time in order to retain certification.

REVOCATION OF CERTIFICATION

Certification will be revoked for any of the following reasons:

- 1. Falsification of an Application.
- 2. Misrepresentation of certification status.

The Appeals Committee of the CBMTPT provides the appeal mechanism for challenging revocation of Board Certification. It is the responsibility of the individual to initiate this process.

COMPLETION OF APPLICATION

Complete or fill in as appropriate ALL information requested on the Application. Mark only one response unless otherwise indicated.

CANDIDATE INFORMATION: Starting at the top of the Application, print your name, address, daytime phone number, evening phone number, e-mail address, and choice of examination date in the appropriate row of empty boxes.

ELIGIBILITY AND BACKGROUND INFORMATION: All questions must be answered. Mark only one response unless otherwise indicated.

SCHOOL/PROGRAM: If applying under eligibility route number 1 - Question G - on the Application, indicate which school you successfully completed a program in myofascial trigger point therapy and the year of completion, using the code numbers on page 3:

SCHOOL CODE NUMBER
Academy for Myotherapy and Physical Fitness, Lenox, MA
[Only graduates prior to 1989]
Bonnie Prudden School , Lenox, MA12
[Only graduates prior to 1984]
Shaw Myotherapy Institute, Springfield, VA13
[Only graduates prior to March, 2003]
Institute of Medical Careers, Pittsburgh, PA15
Myo Seminars, Chicago, IL
360 Seminars, Needham, MA17
Myopain Seminars, Bethesda, MD
American Institute for Myofascial Studies (AIMS), Albuquerque, MN
Therapy Works, WA
Beyond Trigger Points, FL

STATE LICENSE: If you live in a state that requires a license to touch, please list your state license number and its expiration date. **Enclose copy of current license with this application.**

OPTIONAL INFORMATION: These questions are optional. The information requested is to assist in complying with equal opportunity guidelines and will be used only in statistical summaries. Such information will in no way affect your test results.

CANDIDATE SIGNATURE: When you have completed all required information, sign and date the Application in the space provided.

Mail the Application with a copy of your diploma and a copy of your state license, if applicable and the appropriate fee (see FEES on page 4) in time to be received by the deadline shown on the cover of this Handbook to:

CBMTPT EXAMINATION PROFESSIONAL TESTING CORPORATION 1350 Broadway, Suite 800 New York, New York 10018

INTERNATIONAL TESTING

Candidates outside of the United States and Canada must complete and submit the Request for Special Testing Center Form found on the <u>www.ptcny.com</u> homepage. This form must be uploaded to your application no later than 8 weeks prior to the start of the chosen testing period. Fees for testing at an international computer test center (outside of the United States and Canada) are \$100.00 in addition to the examination fee. PTC will arrange a computer based examination at an international test center for you.

Please note: all examinations are administered in English.

SPECIAL NEEDS

CBMTPT and PTC support the intent of and complies with the Americans with Disabilities Act (ADA). PTC will take steps reasonably necessary to make certification accessible to persons with disabilities covered by the ADA. Special testing arrangements may be made upon receipt of the Application, examination fee, and a completed and signed Request for Special Needs Accommodations Form, available from <u>www.ptcny.com</u> or by calling PTC at (212) 356-0660. This form must be uploaded with the online application at least EIGHT weeks before the testing period begins. Please use this form if you need to bring a service dog, medicine, food or beverages needed for a medical condition with you to the testing center.

Only those requests made and received on the official Request for Special Needs Accommodations Form (found at <u>www.ptcny.com</u>) will be reviewed. Letters from doctors and other healthcare professionals must be accompanied by the official Form and will not be accepted without the Form.

Information supplied on the Request for Special Accommodations form will only be used to determine the need for special accommodations and will be kept confidential

SCHEDULING YOUR EXAMINATION APPOINTMENT

Within 6 weeks prior to the first day of the testing period, you will be sent a Scheduling Authorization via email from notices@ptcny.com. The Scheduling Authorization will indicate how to schedule your examination appointment as well as the dates during which testing is available. Appointment times are first-come, first-serve, so schedule your appointment as soon as you receive your Scheduling Authorization in order to maximize your chance of testing at your preferred location and on your preferred date.

If you do not receive a Scheduling Authorization at least three weeks before the beginning of the testing period, contact the Professional Testing Corporation at (212) 356-0660 for a duplicate.

You MUST present your current driver's license, passport, or U.S. military ID at the test center. Temporary, paper driver's licenses are not accepted. The name on your Scheduling Authorization must exactly match the name on your photo I.D. PTC recommends you take a printed copy of your Scheduling Authorization as well as your PSI appointment confirmation as well.

- It is your responsibility as the candidate to contact PSI to schedule the examination appointment.
- It is highly recommended that you become familiar with the testing site.
- Arrival at the testing site at the appointed time is the responsibility of the candidate.
- Please plan for weather, traffic, parking, and any security requirements that are specific to the testing location.
- Contact PSI (800-733-9267) if you are experiencing bad weather in your area to see if your testing center is open.
- Late arrival and failure to present appropriate ID may prevent you from testing.

Valid Identification

You must bring valid government issued photo identification with you when you arrive for your examination. Examples of valid photo ID include driver's licenses, passports or US military ID.

Check your ID a few weeks before your examination to be sure that it will not expire before your testing appointment. Expired or temporary IDs are not accepted at the PSI testing center as valid identification and will prevent you from testing. Fees will not be refunded for exams missed because of invalid ID.

CHANGING YOUR EXAMINATION APPOINTMENT

If you need to cancel your examination appointment or reschedule to a different date within the two-week testing period you must contact PSI at (800) 733-9267 no later than noon, Eastern Standard Time, of the second business day PRIOR to your scheduled appointment. **PSI does not have the authority to authorize refunds or transfers to another testing period**.

If you fail to arrive for your appointment or cancel without giving the required notice, you will forfeit your testing fee.

RULES FOR THE EXAMINATION

- 1. You must present your current, government issued photo ID (such as a driver's license or passport) at the time of your scheduled appointment. Candidates without valid ID will NOT be permitted to test.
- 2. All Electronic devices that can be used to record, transmit, receive, or play back audio, photographic, text, or video content, including but not limited to, cell phones, laptop computers, tablets, Bluetooth devices; wearable technology such as smart watches; MP3 players such as iPods; pagers, cameras and voice recorders are not permitted to be used and cannot be taken in the examination room. The test center may have lockers or you may be asked to lock your personal items in your car. For this reason, we suggest that you do not bring personal items with you, other than what is specifically needed for your examination.
- 3. No papers or books may be brought into or taken out of the testing room.
- 4. Simple, nonprogrammable calculators are permitted with the exception of calculators as part of cellular phones, etc. A calculator is also available on screen if needed.
- 5. No questions concerning content of the examination may be asked during the testing period. The candidate should read carefully the directions that are provided on screen at the beginning of the examination session.
- 6. Candidates are prohibited from leaving the testing room while their examination is in session, with the sole exception of going to the restroom.
- 7. Bulky clothing, such as sweatshirts (hoodies), jackets, coats and hats, except hats worn for religious reasons, may not be worn while taking the examination.
- 8. All watches and "Fitbit" type devices cannot be worn during the examination. It is suggested that these items are not brought to the test center.

FEES

MAKE CHECK OR MONEY ORDER PAYABLE TO:

PROFESSIONAL TESTING CORPORATION

Visa, MasterCard, and American Express are also accepted. Please complete and sign the credit card payment form on the application.

REFUNDS

There will be no refund of fees. Fees will not be transferred from one testing period to another.

REPORT OF RESULTS

Candidates will be notified in writing within four weeks after the testing period has ended whether they have passed or failed the examination. Scores on the major areas of the examination and on the total examination will be reported. Successful candidates will also receive certificates from the CBMTPT.

REEXAMINATION

The Certification Examination for Myofascial Trigger Point Therapists may be taken as often as desired upon filing of a new Application and fee. There is no limit to the number of times the examination may be repeated.

CONFIDENTIALITY

- 1. The CBMTPT will release the individual test scores ONLY to the individual candidate.
- 2. Any questions concerning test results should be referred to CBMTPT in care of the Professional Testing Corporation.

CONTENT OF EXAMINATION

The Certification Examination for Myofascial Trigger Point Therapists is a computer-based examination composed of a maximum of 250 multiple-choice, objective questions with a total testing time of four (4) hours.

The content for the examination is described in the Content Outline starting on page 7.

The questions for the examination are obtained from individuals with expertise in myofascial trigger point therapy and are reviewed for construction, accuracy, and appropriateness by the CBMTPT.

The CBMTPT, with the advice and assistance of the Professional Testing Corporation, prepares the examination.

The Certification Examination for Myofascial Trigger Point Therapists will be weighted in approximately the following manner:

I.	Myofascial Anatomy and Physiology	25%
II.	Myofascial Pathophysiology	.12%
III.	Patient History and Evaluation	.30%
IV.	Therapeutic Techniques and Interventions	.25%
V.	Professional Conduct	8%

CONTENT OUTLINE

I. MYOFASCIAL ANATOMY AND PHYSIOLOGY

- A. Muscles
 - 1. Anatomy and Physiology
 - a. Attachment and Function
 - b. Biochemistry
 - c. Muscle Fiber Arrangement
 - d. Current Concepts
- B. Fascia
 - 1. Fascial and Connective Tissue Function
- C. Myofascial Neurology
 - 1. Reflex Mechanisms
 - 2. Proprioception

II. MYOFASCIAL PATHOPHYSIOLOGY

- A. Fundamental Principles of Pain
- B. Trigger Point Formation Theories
- C. Trigger Point Anatomy, Physiology, and Pathophysiology
 - 1. Trigger Point Referral Patterns
 - 2. Precipitating Factors
 - a. Direct Trauma
 - b. Repetitive Action
 - c. Acute Overload
 - d. Chilling
 - e. Other
 - 3. Perpetuating Factors
 - a. Nutritional
 - b. Psychological
 - c. Systemic
 - d. Mechanical

III. PATIENT HISTORY AND EVALUATION

- A. Patient History and Intake
 - 1. Medical History
 - 2. Chief Complaint
 - a. Onset
 - b. Symptoms
 - c. Characteristics
 - d. Pain Mapping
 - 3. Patient Lifestyle
- B. Patient Examination
 - 1. Assessment
 - a. Palpation
 - b. Posture
 - c. Gait
 - d. Other
 - 2. Tests
 - a. Muscle
 - b. Neurological
 - c. Orthopedic

IV. THERAPEUTIC TECHNIQUES AND INTERVENTIONS

- A. Clinical Reasoning and Treatment Planning
- B. Techniques
 - 1. Manual TrP Release
 - 2. Spray and Stretch
 - 3. Stretching Techniques
 - 4. Contraindications
 - 5. Other
- C. Corrective Actions
 - 1. Perpetuating Factors
 - 2. Functional Rehabilitation
 - 3. Other
- D. Post-Treatment Assessment
 - 1. Patient's Report
 - 2. Patient Re-examination
 - a. Palpation
 - b. ROM
 - c. Strength
 - d. Other
 - 3. Appropriate Referrals

V. PROFESSIONAL CONDUCT

- A. Patient Documentation, Records and Confidentiality
- B. Communication
 - 1. Patient
 - 2. Physician
 - 3. Other Allied Health Care Professionals
 - 4. Other
- C. Hygiene
 - 1. Patient
 - 2. Practitioner
 - 3. Office
- D. Ethics

SAMPLE EXAMINATION QUESTIONS

In the following questions, choose the one best answer.

- 1. When writing a report to the physician, which of the following is an important fact to state?
 - 1. The muscles worked upon
 - 2. Color of the client's eyes
 - 3. Every trigger point that was located
 - 4. Changes noted in the client's complaint
- 2. Trigger points are best palpated by
 - 1. snapping palpation.
 - 2. rubbing the pain region.
 - 3. circular strokes of the palm.
 - 4. stroking upwards along the long axis of the muscle fibers.
- 3. Which of the following activities would most likely interfere with initial myofascial trigger point therapy treatments?
 - 1. Stretching
 - 2. Daily activity
 - 3. Lifting weights
 - 4. Aerobic exercise
- 4. Spray and stretch is most effective when the
 - 1. spray impacts the skin at 90 degrees.
 - 2. spray is applied only over the area of pain.
 - 3. bottle is held less than 12 inches away from the treatment surface.
 - 4. spray is directed from the trigger point to the referred pain zone.
- 5. Which of the following agents is associated with inflammation and is likely to add to the hyperirritability of trigger points?
 - 1. Dopamine
 - 2. Endorphin
 - 3. Prostaglandin
 - 4. Acetylcholine
- 6. Which of the following is a <u>CONTRAINDICATION</u> for ischemic compression?
 - 1. Hypoglycemia
 - 2. Viral infection
 - 3. Compound fracture
 - 4. Raynaud's syndrome
- 7. If the trigger points in the scalenes are active and referring down into the hands, which of the following digits would be painful?
 - 1. Index and thumb
 - 2. Middle and 4th fingers
 - 3. 4th and 5th fingers
 - 4. Index and middle fingers

ANSWERS TO SAMPLE QUESTIONS 1.4, 2.1, 3.3, 4.4, 5.3, 6.3, 7.1

REFERENCES

The following may be of some help in preparing for the examination. The list does not attempt to include all acceptable references, nor is it suggested that questions in the Certification Examination for Myofascial Trigger Point Therapists are based solely on these references.

Benjamin, B. and Sohnen-Moe, C. <u>The Ethics of Touch.</u> Sohnen-Moe Assoc., Inc. Tucson, AZ, 2003.

Biel, A. Trail Guide to the Body, 2nd Edition. Books by Discovery. Boulder, CO, 2001.

Bogduk, N. Clinical Anatomy of the Lumbar Spine and Sacrum. Churchill Livingstone. Edinburgh, 1997.

Calais-Germain, B. Anatomy of Movement. Eastland Press. Seattle, WA, 1993.

Chaitow, L. and DeLaney, J. <u>Clinical Application of Neuromuscular Techniques, Volume 1, Upper Body.</u> Churchill Livingstone. Edinburgh, 2000.

Chaitow, L. and DeLaney, J. <u>Clinical Application of Neuromuscular Techniques, Volume 2, Lower Body.</u> Churchill Livingstone. Edinburgh, 2002.

Dommerholt, J. & Huijbregts, P. Myofascial Trigger Points. Jones and Bartlett Publishers, Sudbury, MA, 2011.

Finn, R. and Shifflet, C. <u>Range of Motion Testing Charts: Part 1 and Part 2.</u> Round Earth Publishing. Pittsburgh, PA, 2003.

Fuller, G. Neurological Examination Made Easy, 2nd Edition. Churchill Livingstone. Edinburgh, 1999.

Kendall, F., Provance, P., McCreary, E. <u>Muscles: Testing and Function with Posture and Pain</u>, 4th Edition. Lippincott, Williams and Wilkins. Baltimore, MD, 1993.

Koustopolus, D. and Rizopoulos, K. <u>The Manual of Trigger Point and Myofascial Therapy.</u> Slack Inc. Thorfare, NJ, 2001.

Lewitt, K. Manipulative Therapy in Rehabilitation of the Locomotor System. Butterworths. London, 1985.

Mense, S. and Gerwin, R.D. (ed). Muscle Pain: Diagnosis and Treatment. Springer, London/NY, 2010.

Mense, S. and Gerwin, R.D. (ed). Muscle Pain: Understanding The Mechanisms. Springer, London/NY, 2010.

Mense, S. and Simons, D. <u>Muscle Pain: Understanding Its Nature, Diagnosis and Treatment.</u> Lippincott, Williams and Wilkins. Philadelphia, PA, 2001.

Myers, T. <u>Anatomy Trains: Myofascial Meridians for Manuals and Movement Therapists</u>, 2nd Edition. Churchill Livingstone. Edinburgh, 2002.

Muscolino, J. <u>The Muscular System Manual: The Skeletal Muscles of the Human Body.</u> JEM Publications. Redding, CT, 2002.

Simons, D., Travell, J., Simons, Lois, S. <u>Myofascial Pain and Dysfunction: The Trigger Point Manual, Volume 1.</u> <u>Upper Body</u>, 2nd Edition. Williams and Wilkins. Baltimore, MD, 1999. Travell, J. and Simons, D. <u>Myofascial Pain and Dysfunction: The Trigger Point Manual, Volume 1</u>, The Lower Extremities. Williams and Wilkins. Baltimore, MD, 1983.

Travell, J. and Simons, D. <u>Myofascial Pain and Dysfunction: The Trigger Point Manual, Volume 2, The Lower</u> <u>Extremities.</u> Williams and Wilkins. Baltimore, MD, 1992.

Vizniak, N.A. <u>Quick Reference Clinical Consultant Muscle Manual</u>. Professional Health Systems Inc., 2008.

Werner, R. <u>Massage Therapists Guide to Pathology</u>, 2nd Edition. Lippincott, Williams and Wilkins. Philadelphia, PA, 2002.

PTC18057



Eligibi

Application for Certification Examination for Myofascial Trigger Point Therapists

Please read the directions in the Handbook for Candidates carefully before completing this Application.

MARKING INSTRUCTIONS: This form will be scanned by computer, so please make your marks heavy and dark, filling the circles completely. Please print uppercase letters and avoid contact with the edge of the box. See

Please	e make e print u See exa	, upperc	ase le	etters				•					P	۱ ۲	B	С	D	E	F	۱		2	3	4	5	6	
	didat		-		n		Р	lease	e ente	r you	ır Nar	ne ex	actly	as i	t ap	pear	's on	you	cur	rent	Go	/ern	men	t-Issı	ied P	hoto	I.D.
OMr. Mrs Ms. Dr.		Name																								ddle I	
Last N	ame																							Suffix	(Jr.,	Sr., e	etc.)
Home	Address	- Num	ber and	d Stree	et																	Apar	tmen	t Num	ber		
City																Sta	ate/P	rovinc	e Zij	o/Pos	tal (Code	 !				
Email A	Address	(Please	e enter	only C)NE er	nail ac	Idress	. Use	e two l	ines i	f vour	email	addre	ss de	bes r	l	in o	ne line	L .)								
Daytim	e Phone	• –				_						Ev	ening	Phor	ne	_					- [
	ting l						immei		⊃ Wir	nter																	
Eligi	bility	and	Bac	Kgro	ounc	r In	orn	nati	on																		

Darken only one choice for each question unless otherwise directed.

Α.	PERCENT OF WORKING TIME CURRENTLY SPENT IN	E .	HIGHEST ACADEMIC LEVEL ATTAINED:
	MYOFASCIAL TRIGGER POINT THERAPY: C Less than 25% C 51% to 75%		 High School Diploma or equivalent Some College Master's Degree
	○ 25 to 50% ○ More than 75%		○ Associate Degree ○ PhD
В.	EXPERIENCE IN MYOFASCIAL TRIGGER POINT THERAPY:		 Diploma in Nursing Other
	○ Less than 2 years ○ 6 to 10 years	F.	ARE YOU A MEMBER OF NAMTPT?
	○ 2 years ○ More than 10 years		○ No ○ Yes
	○ 3 to 5 years		NOTE: Membership is not required.
C.	PRIMARY PRACTICE SETTING : (Darken only one response.)		
	○ Self-employed ○ Group Practice	G.	ELIGIBILITY ROUTE:
	○ Hospital/Clinic ○ Other		 Route 1 Graduate of of 500 hour myofascial trigger point therapy program. Indicate school code below (see Handbook for
D.	MYOFASCIAL TRIGGER POINT THERAPY TRAINING : (Darken all that apply.)		Candidates) and year of completion. School/Program Code Year of Completion
	\bigcirc Less than one year program		
	\bigcirc 1 or 2 year myofascial therapy school program		Route 2 Graduate of a 500 hour massage program.
	\bigcirc Workshops or seminars		
	\bigcirc On-the-job training		○ Route 3 A licensed Allied Health Care Professional.
	○ Other		(Complete Page 2)





Application for Certification Examination for Myofascial Trigger Point Therapists

Eligibility and Back	ground miormau							
	HIS EXAMINATION BE , indicate month, year, and name xamination was taken.	FORE?	LICENS	E TO PR. LIST YO	A STATE T ACTICE IN DUR PROFI ITS EXPIR/	YOUR P ESSION,	ROFESS STATE,	ION, LICENSE
Date (month/year):			Profess	sion Lice	ise Type:			
Name:			\bigcirc DC	() DDS	\bigcirc LA	с	\bigcirc LMT
			⊖ MD/D	00 0) pt/ot	\bigcirc RM	I/LPN	
I. ARE YOU CURRENT	LY CERTIFIED IN MYO	FASCIAL	State/Pro	ovince:				
	ERAPY BY THE CBMTF							
	yes, indicate month/year of ex	-	License	Number:				
Date (month/year):								
			License	e Expiration	Date (month	/year):		
				/				
				/				
				OSE COF APPLICA	Y OF CUR	RENT LI	JENSE V	VITH
Optional Information		I						
		A			•			
			-					
Race:		Age Range	:		Gen	der:		
○ African American ○ M	Native American	O Under 25	\bigcirc 40 to 4		Gen 〇 M			
 ○ African American ○ Asian ○ N 	White	○ Under 25○ 25 to 29				ale		
 ○ African American ○ Asian ○ Hispanic ○ C 	White Other	O Under 25	○ 40 to 4 ○ 50 to 5		0 M	ale		
 African American African American Asian V Hispanic Candidate Signature 	White Other e	 ○ Under 25 ○ 25 to 29 ○ 30 to 39 	○ 40 to 4 ○ 50 to 5		0 M	ale		
 ○ African American ○ Asian ○ Hispanic ○ C 	White Dther e ICATION BEFORE SIGI for Candidates and unde	 Under 25 25 to 29 30 to 39 VING BELOW. rstand that I am reference	 ○ 40 to 4 ○ 50 to 5 ○ 60+ 	9 or knowi	O M O Fe	ale male nts. I ce		
 African American Asian Hispanic Candidate Signature COMPLETE ENTIRE APPLIC have read the Handbook for 	White Dther E ICATION BEFORE SIGI for Candidates and unde oplication is in accordan	 Under 25 25 to 29 30 to 39 VING BELOW. rstand that I am reference	 ○ 40 to 4 ○ 50 to 5 ○ 60+ 	9 for knowing and is a	O M O Fe	ale emale ents. I cel prrect, an	d comple	
 African American Asian Violation Hispanic Candidate Signature Complete ENTIRE APPLIN have read the Handbook for formation given in this Application 	White Dther E ICATION BEFORE SIGI for Candidates and unde oplication is in accordan	 Under 25 25 to 29 30 to 39 VING BELOW. rstand that I am reference	 ○ 40 to 4 ○ 50 to 5 ○ 60+ 	9 for knowing and is a	O M O Fe	ale emale ents. I cel prrect, an	d comple	
African American African American Asian Asian Hispanic Candidate Signature Complete ENTIRE APPLI have read the Handbook for formation given in this Age CANDIDATE SIGNATURE: EDIT CARD PAYMENT	White Dther CATION BEFORE SIGN For Candidates and unde oplication is in accordan Control of the solowing of the sole of the solowing of the sole o	○ Under 25 ○ 25 to 29 ○ 30 to 39 WING BELOW. rstand that I am rece with Handbook	 40 to 4 50 to 5 60+ 	9 for knowin as and is a edit card	○ M ○ Fe	ale emale ents. I cer prrect, an TE:	DR OFFIC	
African American N Asian N Hispanic O Candidate Signature COMPLETE ENTIRE APPLI have read the Handbook for nformation given in this Ap CANDIDATE SIGNATURE: EDIT CARD PAYMENT	White Dther e ICATION BEFORE SIGN for Candidates and unde oplication is in accordan c for conduction is in accordan for conduction is in accordan for conduction is in accordan for conduction is in accordan conduction is in accordan for conduction is in accordan for conduction is in accordan	 ○ Under 25 ○ 25 to 29 ○ 30 to 39 VING BELOW. rstand that I am rece with Handbook ur application fee and information. 	<pre> 40 to 4 50 to 5 60+ esponsible f instruction on your creater </pre>	9 for knowin as and is a edit card	○ M ○ Fe	ale emale ents. I cel prrect, an <i>E</i>:	DR OFFIC	ete.
African American N Asian V Hispanic O Candidate Signature COMPLETE ENTIRE APPLI have read the Handbook for nformation given in this Age CANDIDATE SIGNATURE: EDIT CARD PAYMENT / Forme (as it appears on your car	White Dther e ICATION BEFORE SIGN for Candidates and unde oplication is in accordan :	 ○ Under 25 ○ 25 to 29 ○ 30 to 39 VING BELOW. rstand that I am rece with Handbook ur application fee and information. 	<pre> 40 to 4 50 to 5 60+ esponsible f instruction on your creater </pre>	9 for knowin as and is a edit card	○ M ○ Fe	ale emale ents. I cel prrect, an <i>E</i>:	DR OFFIC	ete.
African American N Asian V Hispanic O Candidate Signature COMPLETE ENTIRE APPLI have read the Handbook for nformation given in this Age CANDIDATE SIGNATURE: EDIT CARD PAYMENT / Forme (as it appears on your car Idress (as it appears on your	White Dther e ICATION BEFORE SIGN for Candidates and unde oplication is in accordan :	 ○ Under 25 ○ 25 to 29 ○ 30 to 39 VING BELOW. rstand that I am rece with Handbook ur application fee and information. 	<pre> 40 to 4 50 to 5 60+ esponsible f instruction on your creater </pre>	9 for knowin as and is a edit card	○ M ○ Fe	ale emale orrect, an E : FC Da	DR OFFIC	ete.
African American N Asian N Hispanic O Candidate Signature Complete ENTIRE APPLI have read the Handbook for nformation given in this Ap CANDIDATE SIGNATURE: EDIT CARD PAYMENT // ame (as it appears on your car ddress (as it appears on your car barge my credit card for the piration date (month/year):	White Dther e ICATION BEFORE SIGN for Candidates and unde oplication is in accordan c e <td< td=""><td> ○ Under 25 ○ 25 to 29 ○ 30 to 39 VING BELOW. rstand that I am rece with Handbook ur application fee and information. </td><td><pre> 40 to 4 50 to 5 60+ esponsible f instruction on your creater </pre></td><td>9 for knowin as and is a edit card</td><td>○ M ○ Fe</td><td>ale emale orrect, an <i>E</i>: FC Da</td><td>DR OFFIC</td><td>ete.</td></td<>	 ○ Under 25 ○ 25 to 29 ○ 30 to 39 VING BELOW. rstand that I am rece with Handbook ur application fee and information. 	<pre> 40 to 4 50 to 5 60+ esponsible f instruction on your creater </pre>	9 for knowin as and is a edit card	○ M ○ Fe	ale emale orrect, an <i>E</i>: FC Da	DR OFFIC	ete.
African American N Asian N Hispanic O Candidate Signature Complete ENTIRE APPLI have read the Handbook for nformation given in this Ap CANDIDATE SIGNATURE: EDIT CARD PAYMENT // ame (as it appears on your car ddress (as it appears on your car barge my credit card for the piration date (month/year):	White Dther e ICATION BEFORE SIGN for Candidates and unde oplication is in accordan c e <td< td=""><td> Under 25 25 to 29 30 to 39 VING BELOW. rstand that I am rece with Handbook ur application feeing information.</td><td><pre> 40 to 4 50 to 5 60+ esponsible f instruction on your creater </pre></td><td>9 for knowin as and is a edit card</td><td>○ M ○ Fe</td><td>ale emale orrect, an <i>E</i>: FC Da</td><td>DR OFFIC</td><td>ete. E USE O</td></td<>	 Under 25 25 to 29 30 to 39 VING BELOW. rstand that I am rece with Handbook ur application feeing information.	<pre> 40 to 4 50 to 5 60+ esponsible f instruction on your creater </pre>	9 for knowin as and is a edit card	○ M ○ Fe	ale emale orrect, an <i>E</i>: FC Da	DR OFFIC	ete. E USE O
 African American Asian Vianov Hispanic Candidate Signature Candidate Signature Complete ENTIRE APPLI have read the Handbook for normation given in this Age CANDIDATE SIGNATURE: EDIT CARD PAYMENT Fame (as it appears on your can deress (as it appears on your can deress (as it appears on your can harge my credit card for the piration date (month/year): Ind type: Visa N 	White Dther e ICATION BEFORE SIGN for Candidates and unde or Candidates and unde oplication is in accordan	 Under 25 25 to 29 30 to 39 WING BELOW. rstand that I am rece with Handbook ur application feeing information	<pre> 40 to 4 50 to 5 60+ esponsible f instruction on your create</pre>	9 for knowin as and is a edit card	○ M ○ Fe	ale emale orrect, an <i>E</i>: FC Da	DR OFFIC	ete. E USE O

